

*April 2013*

# THE POINTER

News & Previews of Upcoming Attractions in Kings Point



**It's 'last call' for your new badges and decals. Come on in to the Main Clubhouse Box Office today!**

THE POINTER

Send submissions to:  
Pointer@vestaforyou.com

April 2013

Published by

**Vesta**<sup>TM</sup>

*'there for you'*

Editor: Michael Crook  
813.387.3446

**Spa Serenity**

387-3475

**COA Office**

633-1710

**Federation Office**

633-2083

**Front Gate**

634-2063

**South Gate**

645-9355

**Box Office**

387-3447

**Main Club**

634-9229

**South Club**

634-5829

**Le Perk Café**

387-3450

**Lost & Found**

387-3471

**Master Association**

633-6291

**Palm Court Café**

387-3482

**Continental**

642-8990

**Transportation Office**

387-3470

**Minto**

634-6400

**Front Gate Visitor Access**

**Via Email**

kpsccvisitor@vestaforyou.com

### Emergency Telephone Reminder

Please remember to call 911 FIRST in the case of an emergency. DO NOT call the front gate to ask whether you should call 911. The 911 operator will determine if it is an emergency. You can always call security at the front gate if they tell you it is not an emergency.

# ATTENTION

## For All Kings Point Residents



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*Life is like riding a bicycle.  
To keep your balance, you must keep moving...*  
— [Albert Einstein](#)

### ***Irrigation Restrictions***

Once again SWFMD (Southwest Florida Water Management District) is implementing water restrictions for Hillsborough County from March 13 thru July 3, 2013. That means, in Kings Point, lawn watering will be reduced to one time per week. ValleyCrest will implement this new schedule as required by the law and in accordance with the configuration of our irrigation systems in the community. New lawns (sod) and plants have special irrigation rules that ValleyCrest will adhere to for these new plantings to get established. In addition, hand watering by residents is limited to before 8 A. M. and after 6 P. M. daily. Let's all be good stewards of our limited water resources.

### ***Landscape Contract***

In the Federation Membership Meeting in February, the Membership voted to retain ValleyCrest as the landscaper for the Kings Point community. The Federation is in the process of negotiating the contract for the next three years. Forms have been sent to each Association for Unit Owners to identify their existing owner-maintained beds to get ready for the new 360° landscape maintenance adopted in the new contract.

### ***Golf Cart Path***

The remedial storm-water construction has been completed at the corner of Trinity Lakes and SR 674. FDOT replaced the collapsed storm-water pipes. Remaining, however, is a large pool of water in the ditch adjacent to the area that was repaired. This is due to drainage-ditch obstruction and not due to any faulty pipes. A contract is being prepared to have the ditches on north and south SR674 dredged, between U S 301 and I 75. No timeline has been given.

### ***2020 Building Renovation***

Prudential has moved from the 2020 Clubhouse Drive building to their new location in Sun City Center. Plans for the future renovation of the building for use by the residents of Kings Point are under development. Concepts will be presented to the community in the near future.

### ***Since you asked...***

- ♦ The mounds of dirt along Kings Blvd. are for the construction of a berm—plants will be added to enhance the appearance of the area along the main street of our community.
- ♦ The vehicles behind the tennis court are temporarily stored there while the fence along the RV lot is built.



# Security & Safety

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Just when you think it is safe to go back in the water, they throw something new at you.” That was what I was thinking when everything electronic turned against my procedures for getting your visitors to your door in a safe and efficient manner. Every time we thought we had solved the problem, another one was thrown at us to overcome to include a complete phone outage at the South gate over the holidays. The good part about all of this is it gave me a chance to look at my procedures to make sure I had a backup plan in case some of the technological luxuries we have gotten used to turn against us. This also got me to think about how we would operate in case we lost power and phones with the upcoming storm season quickly approaching. After all is said and done, I just wanted to take the time and go over the procedures for getting a visitor to your residence and quell any rumors the problems we had to solve might have caused.

The front gate (813-634-2063) is open 24/7 and will take visitor requests up to seven days in advance. The south gate (813-645-9355) is open every day from 6 AM to 10 PM. You can call the request in to either gate and we will make sure your visitor gets in if they show up at either one. If you know for sure which gate your visitor is going to arrive, it is best to call that gate with the information; however, it is not a requirement. As a suggestion, most local stores use the south gate for deliveries and if your guest is going to use a GPS to find your house, most MapQuest programs take them to the Southgate. That being said, if your guest shows up at a gate and is not on the list we have there, the Officer will contact the other gate to see if it is with their paperwork. If the other gate has the visit request, he tells the other gate Officer and we just issue the pass and complete the paperwork at the gate your visitor is at and send them on their way. This sometimes takes some extra time if the computer is down or the other gate is on the phone; however, we have recently installed two way radios to talk between the gates for situations like



Scott Dunlap, Kings Point Director of Security

that.

If for some reason we have misplaced the visit request or you forgot to call, we will call or ask your visitor to call and ask for you to verify the visit. We ask that you call us if this happens because we cannot use your visitor's cell phone. Too many times in the past the cell phone has been dropped in the exchange between users and then they want us to pay for the broken phone. Once we have verified that you indeed want this visitor to come onto Kings Point, we will issue them a pass and get them on their way. You can authorize a visitor a pass for anywhere from one to 30 days. We ask that you limit the pass to what they really need so we keep better control on who enters Kings Point. You can also make the visitor request at [kpsccvisitor@vestaforyou.com](mailto:kpsccvisitor@vestaforyou.com) as long as you give us 24 hours advance notice. We will also send you a confirmation to make sure we have everything. If you do not get a confirmation, please follow up with us to make sure something did not happen. I think we finally have this process back under control and I want to thank you for being so patient with us lately. I hope this article clears up any misconceptions out there.

# Clubs & Organizations

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**April 1: Kings Point Baby Boomers Club** – General Membership Meeting 6:30 p.m., North Club Banquet Room. Join us for dessert, door prizes and fun immediately following the meeting *This event is for 2013 Dues Paid Members*. Haven't paid your 2013 dues? It's not too late; mail your payment of \$10 per person to: KP Baby Boomers, PO Box 6402, Sun City Center, FL 33573. Information: [www.kpbabyboomers.org](http://www.kpbabyboomers.org) or email [kpbabyboomers@hotmail.com](mailto:kpbabyboomers@hotmail.com).

**April 2: New York Empire State Club** will be having their Spring Fling Dinner Dance in the Kings Point Borini Room on April 2, 2013 at 5:00 PM. Music by Gari. Catered by Banquet Masters. Menu: Chicken Florentine and Crab Stuffed Filet of Sole with potatoes, vegetables, dessert, coffee and soda. Members \$16.00, guests \$20.00 pp. Please contact Frank Gatto at 633-8942 for further information.

**April 6: Kings Point Chorus** will present A MUSICAL SPLASH INTO SPRING at 6 p.m. in the Borini Theatre. Seating will be cabaret-style with ice and water furnished at each table. BYOB. Tickets are on sale for six dollars at Kings Point box office or from Chorus members. You can purchase tickets at the door, but cannot be assured table seating. There will be bleacher seats. Tram service for Kings Point residents is available if enough people sign up 10 days in advance. For more information, call Brenda at 447-0388.

**April 9: Happy Travelers Group** meets at 1 p.m. in the Kings Point South Clubhouse Jubilee 1 Room. A representative from Grand Circle Tours will be our guest speaker that day. Please call Sandi at 813-298-9632 for more information about the club or the above mentioned trips and many others.

**April 13: Karaoke Dance Party fund raiser for Feline Folks**, a non-profit, 501©3, organization dedicated to humane feline management in Kings Point & the Sun City Center area on April 13 at the SCC Chamber of Commerce from 7-10 p.m. Raffles, 50/50, food & soft drinks for sale, BYOB. Casual dress. Doors open at 6 p.m. Come early to get a table. \$10 tickets available

at SCC Keller Williams Realty or contact [www.FelineFolks.us](http://www.FelineFolks.us) or (813) 545-7611.

**April 15: Before the SCC Low Vision Club** meeting at 1:30 at the Chamber of Commerce, there will be a brief business meeting to take a vote on the future of the club. The guest speaker for the April meeting is DeeWynn Cox, a certified care manager, with Care Management Service Professionals. Her presentation will focus on ways to make the transition from independent living to other options easier. Contact Ben Green, President, at 385-5590.

**April 18: The Americans of Italian Heritage Club** will have their Sandwich Night at the Borini Theatre. Doors open at 5 p.m. The sandwiches will be served at 5:30. BYOB. The cost is \$13 for members and \$15 for non-members. Everyone will have a seat. Tables of 8, kindly mail your checks in together. Please mail your check made payable to A.I.H. to: Annette Macdonald (633-9697), 2450 Kensington Greens Drive, SCC 33573. Cut-off date is March 5th.

**April 22: KP Baby Boomers Club** invites you to join us for a Poolside Party at the South Club from 5 p.m. to 8:30 p.m. Contact Linda at 633-3784 with any questions.

**Intermediate Line Dancing** - This class is for you if you've been line dancing for a year or more. Wednesdays at 9:15 to 10:45 a.m. in The Studio, KPCH, Nov. to April. Call Linda at 813-633-6396, or just turn up! No charge and no partner needed.

**Kings Point Buckeye Club** meets on the second Tuesday of each month at 11 a.m. through April. For more information, call Ginny Rosette, 634-6204.

**Basic Social Ballroom Dance Classes** are offered every Wednesday afternoon in the Kings Point Studio from 3-4:15 p.m. Couples are encouraged to

# Clubs and Organizations

learn good form and basic dances including: Foxtrot, Swing, Waltz, Rumba, ChaCha, and Tango. Classes are limited to 12 couples and are taught in a four week series. Give Ron a call for more information and the schedule is posted in the Studio. 813-385-5569

**Watercolor Classes** are offered every Monday morning from 9-11 a.m. and Thursday afternoons from 1-3 p.m. Learn how to use this exciting medium and paint like a pro. Classes are taught in a four week series and there is a charge. Email [dgs4994@gmail.com](mailto:dgs4994@gmail.com) or call Diane at 813-394-0437. Classes are taught in the KP Art Room, Main Clubhouse.

**Open Studio Art Room** – Come join the varied artists in the Kings Point Art Room on Tuesday, Wednesday, or Friday mornings. There are great tables, good lighting and high energy to work on your masterpieces. Room is

open from 8 a.m. – 11:30 a.m. on these days. There is NO instructor during this time, but many of the fellow artists are there to assist those with questions. Come join the fun and creative spirit.

**Kings Point Dance Club** dances will be held on the second Tuesday of each month at the Borini Theatre. Doors open at 7 p.m. Members free, guest couples \$10. Call 813-938-3187 for reservations.

**Table Tennis** playing Tuesday and Thursday from 7-9 PM at the South Club in Jubilee 2 & 3.

**The Sportsman's Club** meets on the third Wednesday in the KPCH East Social Room at 3 p.m.

**The Shuffle Board Club** meets Tuesdays and Fridays from 9-11 a.m. Contact Jim Forgione, 813-633-0975 or Sherwood Rubin at 813-451-1874.

Kings Point  
Resident

Maribeth Reeder  
BROKER ASSOCIATE, CAM, GRI

813.546.5156

MaribethReeder@gmail.com



  
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Join Us for an Intimate Evening of Entertainment in the Borini Theatre

## The Bench Mark



A Series of Short Plays about Love, Life and Humanity

Performed In The Round

**Friday, April 12 at 7:00 PM**

**Saturday, April 13**

**at 1:30 and 7:00 PM**

Tickets are \$12.00 at the Kings Point Box Office  
 Cabaret or Bleacher Seating

# Main Clubhouse Events



**Audition:  
March 26th  
1:00 & 6:30 p.m.  
Borini Theatre**

Vesta Presents: "The Follies-Through the Years with Music"

We are looking for singers, dancers, comedians, chorus members and there will be speaking parts for actors. If you have a specialty act, we would like to see that too. If you are a singer and need accompaniment, bring your sheet music. If you sing to tracks, please bring your CD's. The auditions are March 26th at 1:00 and 6:30 in the Borini Theater. At this meeting there will be rehearsal dates available. Be ready to tell us what days you cannot attend. For more information contact Rose Ostrander 633-1753.

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# QUEEN'S LUNCHEON



APRIL 10, 2013 AT NOON

## MENU

CHEF'S SALAD  
MUFFINS  
CHEF'S CHOICE DESSERT  
ICED TEA & DECAF COFFEE

\$7.05 PLUS TAX

PROGRAM: TAPPERS & CLOGGERS  
RESERVED SEATING IN THE KPCH BORINI THEATRE

## *Monthly Dinner*

April 25 at 5:15 p.m.

On the menu this month are:

*Family Style Salad*

*Turkey Breast with Stuffing, Bread Basket*

*Vegetable, Chef's Choice Dessert*

*Iced Tea & Decaffeinated Coffee*

All of this for \$9.50 plus tax in the KPCH Banquet Room

*Catered by Rich Schuler*



NOW OPEN AND WELCOMING YOU!

Vesta is pleased to announce the opening of the elegant new *Loft Lounge*. This newest addition to the South Club has a new 60-seat multi-purpose social gathering space that features a stylish and comfortable penthouse lounge for breakfast service and for evening cocktail service. The new lounge also offers catering to groups for small association meetings, cocktail receptions and private dinner parties.

***The Loft Lounge offers a new “Kick Start” healthy breakfast menu consisting of Spa Continental, juice bar, coffee bar with assorted teas and espresso drinks, Greek Yogurt selection with natural toppings, hot oatmeal, fresh fruit smoothies, and more.***

*The Loft Lounge evening cocktail service offers standard cocktail and martini menus, micro-brew draft and bottled beers, upgraded wine selection and Happy Hour “light meal” selections.*

Hours of operation will initially be on a trial basis. The Breakfast Service will be open 7 days a week from 8-11 a.m. The Cocktail Service takes place Tuesday and Thursday evenings from 4-8 p.m. with expanded hours planned for special events.

# bright house

NETWORKS



Dear Kings Point Resident,

We are contacting you with important information regarding your community channels.

Your community channels provide you with updates and news about Kings Point.

Effective **February 1, 2013**, the way you access these channels will change.

If you have a digital box or digital adapter, you can now view the community channel on **732** and **733**. Please note that you will need to manually enter the channel into your Bright House TV remote. These new channels cannot be accessed by clicking the up and down arrows on your remote.

Depending on the type of TVs in your home, additional outlets without this equipment will feature the community channel on either analog **95** and **96**, or digital **98.1** and **98.2**.

If you have questions or concerns, or would like more information about additional services, please contact us at **813-436-2182**.

Thank you for being a loyal Bright House Networks customer.

Sincerely,

Bright House Networks

Serviceable areas only. Some restrictions apply. Products and prices subject to change.



## "Singles Table for 8"

Join new friends at one of our special evening dinners at the Singles Table for 8 and share in good conversation while enjoying a fun night out.

Please call in advance to reserve your place for '2 for \$20' (April 12), 'International Night' (April 2) and the new Steakhouse Menu April 26



THE STONER ORGANIZATION

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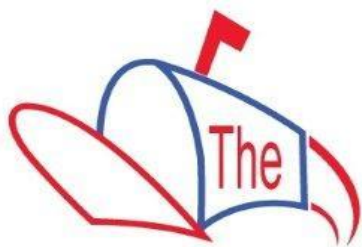
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# North & South Club Dining Scene Events

\*Purchase tickets for these dining events at the South Club Concierge Desk\*

|  |   |
|--|---|
| <p><b>Lenten Buffet</b><br/>Friday March 29, 2013<br/>6:00 pm<br/><b>KPSC Jubilee Room</b><br/>\$19.99 + per person<br/>Reservations Required</p>          | <p>Garden Salad<br/>Choice of Dressing<br/>Baked Haddock, Lemon Butter<br/>Pasta Primavera<br/>Chef's Choice of Vegetables<br/>Rolls &amp; Butter<br/>Dessert Selection<br/>Coffee or Tea</p> |
| <p><b>International Night</b><br/><b>Asian Night</b><br/>Tuesday, April 2nd, 2013<br/>5:00 pm<br/><b>KPNC Banquet Room</b><br/>\$ 10.00 + per person</p>   | <p>Garden Salad<br/>Eggrolls &amp; Fried Shrimp with white rice<br/>Teriyaki Stir-fry Vegetables<br/>Chef's choice dessert<br/>Coffee or Tea</p>  |
| <p><b>Two for \$20</b><br/>Friday, April 12th, 2013<br/>6:00 pm<br/><b>KPSC Jubilee Room</b><br/>Purchase Tickets at KPSC or<br/>North Club Box Office</p> | <p>Garden Salad<br/>Chicken Cordon Bleu or<br/>Meatloaf<br/>Roasted red potatoes<br/>Chef's Vegetables<br/>Coffee, Iced Tea<br/>Choice of Glass of House Or Draft Beer</p>                    |
| <p><b>Chef's Choice</b><br/>Wednesday, April 17, 2013<br/>5:00 pm<br/><b>KPNC Banquet Room</b><br/>\$10.00 + per person</p>                                | <p>Garden Salad<br/>Baked fish w/lemon<br/>Yellow Rice<br/>Mixed garden vegetables<br/>Coffee or Iced Tea</p>   |
| <p><b>Steakhouse Night</b><br/>Friday April 26, 2013<br/>6:00pm<br/><b>KPSC Jubilee Room</b><br/>\$13.25 + per person<br/>Reservations Required</p>        | <p>Caesar Salad<br/>Choice of<br/>Sirloin Steak or<br/>Roast Prime Rib of Beef, Au Jus<br/>Baked Potato<br/>Chef's Choice Vegetable<br/>Coffee or Iced Tea</p>                                |
| <p><b>Elvis Sighting</b><br/><b>On Pool Deck</b><br/>Tuesday, April 23, 2013<br/>5:00 pm - 8:00 pm</p>   | <p><b>Cookout Menu</b><br/>Hamburgers, Hot Dogs, Grilled Chicken, Pulled Pork<br/>Side Dishes<br/>Full Cash Bar</p>   |

**NOW OFFERING A SINGLES TABLE AT EACH DINNER**

All reservation must be made 72 hours prior to the event.

Events are subject to cancellation based on residents participation.

Menus are subject to change without notice.

# KINGS POINT CALENDAR

| Sunday   | Monday   | Tuesday   | Wednesday  |
|--|--|---|--|
| <p><i>*NOTE: "KPCH" is the main clubhouse; "KPSC" is the South Club. All outdoor events, including pool cookouts, will be canceled in bad weather. Some may be canceled due to lack of interest.</i></p> | <p><b>1</b><br/>♦ Newcomer's Coffee, 9 a.m., KPCH Banquet Room</p>     | <p><b>2</b><br/>♦ International Night Dinner, KPCH Banquet Room, 5 p.m.</p>                         | <p>♦ COA Board, KPCH Banquet Room</p>  |
| <p><b>7</b><br/>♦ Pool Deck Cookout Noon to 3, KPSC*</p>   | <p><b>8</b><br/>♦ Movie: 'Hope Springs', 2 &amp; 7:30 p.m., Borini</p> | <p><b>9</b><br/>♦ Karaoke Tuesday, 4 p.m., KPSC<br/>♦ Security Briefing, 1 p.m. KPCH Fiber Arts</p> | <p>♦ Federation meeting, 9:00 a.m., KPCH Card Room<br/>♦ Queen's Luncheon, Noon, KPCH Banquet Room</p> |
| <p><b>14</b><br/>♦ Pool Deck Cookout, Noon to 3, KPSC*</p>   | <p><b>15</b></p>   | <p><b>16</b><br/>♦ Karaoke Tuesday, 4 p.m., KPSC</p>  | <p>♦ RFEC meeting, 9:00 a.m., KPCH Banquet Room<br/>♦ Chef's Choice, 5 p.m., KPCH Banquet Room</p>     |
| <p><b>21</b><br/>♦ Pool Deck Cookout Noon to 3, KPSC*</p>  | <p><b>22</b></p>   | <p><b>23</b><br/>♦ Elvis Sighting on the pool deck and cookout, 5 p.m., KPSC pool deck</p>          | <p>♦ Line Dance 7 p.m., KPCH Banquet Room</p>  |
| <p><b>28</b><br/>♦ Pool Deck Cookout Noon to 3, KPSC*</p>  | <p><b>29</b></p>   | <p><b>30</b><br/>♦ Karaoke Tuesday, 4 p.m., KPSC</p>  |  |



| Wednesday  | Thursday  | Friday  | Saturday  |
|--|---|---|---|
| <p><b>3</b></p> <p>7 p.m.,<br/>Quiet Room</p>                                | <p><b>4</b></p> <ul style="list-style-type: none"> <li>◆ Rock'n Rendezvous, 5-8 p.m., KPSC Palm Court Café</li> </ul>   | <p><b>5</b></p>   | <p><b>6</b></p> <ul style="list-style-type: none"> <li>◆ Pool Deck Cookout Noon to 3, KPSC*</li> <li>◆ Country Hoedown, KPSC Jubilee 2 &amp; 3, 5 p.m.</li> </ul>                           |
| <p><b>10</b></p> <p>Board<br/>30 a.m.,<br/>Room<br/>Luncheon,<br/>Borini</p> | <p><b>11</b></p> <ul style="list-style-type: none"> <li>◆ Box Office closed at noon for maintenance</li> <li>◆ Rock'n Rendezvous, 5-8 p.m., KPSC Palm Court Café</li> </ul>   | <p><b>12</b></p> <ul style="list-style-type: none"> <li>◆ May Pointer available</li> <li>◆ 2 for \$20 Dinner, KPSC Jubilee, 6 p.m.</li> <li>◆ Pelican Players present 'The Bench Mark,' 7 p.m., Borini</li> </ul> | <p><b>13</b></p> <ul style="list-style-type: none"> <li>◆ Pool Deck Cookout Noon to 3, KPSC*</li> <li>◆ Pelican Players present 'The Bench Mark,' 1:30 p.m. &amp; 7 p.m., Borini</li> </ul> |
| <p><b>17</b></p> <p>ing, 9:30<br/>Card Room<br/>ce Dinner,<br/>H Banquet</p> | <p><b>18</b></p> <ul style="list-style-type: none"> <li>◆ Rock'n Rendezvous, 5-8 p.m., KPSC Palm Court Café</li> </ul>  | <p><b>19</b></p> <ul style="list-style-type: none"> <li>◆ Federation Member-ship Meeting, 9:30 a.m., KPCH Borini</li> </ul>   | <p><b>20</b></p> <ul style="list-style-type: none"> <li>◆ Pool Deck Cookout Noon to 3, KPSC*</li> </ul>   |
| <p><b>24</b></p> <p>Party, 7<br/>Borini</p>                                  | <p><b>25</b></p> <ul style="list-style-type: none"> <li>◆ Rock'n Rendezvous, 5-8 p.m., KPSC Palm Court</li> <li>◆ Movie: 'Bernie', 2 &amp; 7:30 p.m., KPCH Borini Theatre</li> <li>◆ Monthly Dinner, 5:15 p.m., KPCH Banquet</li> </ul> | <p><b>26</b></p> <ul style="list-style-type: none"> <li>◆ Steakhouse Night, KPSC Jubilee, 6 p.m.</li> </ul>   | <p><b>27</b></p> <ul style="list-style-type: none"> <li>◆ Pool Deck Cookout Noon to 3, KPSC*</li> </ul>   |
|  |   |   |   |



## *Last Call to Stand and Be Counted!*

Did you know that 9 out of 10 of your neighbors have gotten brand new identification badges in the past several months? That's right! And now we're signaling "LAST CALL!" to the "10 percenters." It's time for you to set aside a bit of time to come to the Kings Point Clubhouse Box Office from 8:30 a.m. to 4 p.m. Monday-Friday and get a new badge with an attractive new photograph! Yes, we were on a systematic schedule, Association by Association, but we've made so much progress, we're ready for YOU now! Just come on down!

**WHY DO WE NEED NEW BADGES AND DECALS?** For the first time, ALL residents of Kings Points will have a badge which identifies them as a resident of this wonderful community. These will aid in controlling the use of recreational facilities, attendance on the transportation system and potential gate access issues which was a predominant concern according to the survey.

**FILL OUT YOUR FORM!** In order to facilitate this, we will need each resident to **FILL OUT A VERIFICATION FORM**. In addition, if you have a vehicle and/or a golf cart, you will need to complete this information on the Verification Form as well. You will find these forms at each Clubhouse, and online at [kingspointuncitycenter.com](http://kingspointuncitycenter.com). **Remember...no form, no badge...so please come prepared.**

**WHAT DO YOU NEED TO BRING?** Besides yourself and your Verification Form, you will need to bring your old badge, a driver's license with your KP address (or a utility or cell phone bill with your name and KP address on it, to establish residency). If you are registering a vehicle, please bring your registration and proof of insurance. If you need a vehicle or golf cart decal, you will then go to either Guard Gate at your convenience later to obtain those.

**WHERE IS ALL THIS HAPPENING?** In the Box Office. 8:30 a.m. to 4 p.m. Monday through Friday.

**HOW LONG WILL THIS TAKE?** While we have tried to plan for all circumstances, there is always a possibility for equipment failure, so please relax and enjoy a cup of coffee and the company of your neighbors while you wait your turn in line.

**PLEASE PASS THE WORD...** help your neighbor stand up and be counted (and photographed!)

*Sponsored by:*

# MICHIGAN CLUB

May 4th



4:30 p.m.

## KENTUCKY DERBY PARTY

FABULOUS BUFFET FOR GRAZING  
KPCH *BORINI THEATRE* B.Y.O.B.  
FUN, GAMES, HAT CONTEST  
MEMBERS \$10, NON-MEMBERS \$12

Tickets to be sold in KPCH Lobby Tuesdays from 9-12 noon during April  
Information: 634-8506



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**YOUNG AT HEART TRAVEL GROUP**



KP RESIDENTS WELCOME!

**April 25, 2013**

**10 a.m.**

KPCH South Social Room



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Toll Free 1-866-824-1613  
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# Learn what's happening in Kings Point right from your inbox! Sign up for Vesta eEvents e-blasts!



Signing-up is easy! You can email [eblast@vestaforyou.com](mailto:eblast@vestaforyou.com) to submit your email address. Use "e-blast" in the subject line, OR fill out the form and drop it off at either Business Office.

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Yes! Please send me e-blasts from Vesta Property Services about Kings Point news, events and emergency notifications.

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# The Movies at the Borini Theatre

**April 8**

Showtimes: 2:00 & 7:30 p.m.

**April 25**

## Hope Springs

Meryl Streep Tommy Lee Jones Steve Carell



A comedy from the director of "The Devil Wears Prada"

## Hope Springs

**General seating tickets  
\$1.40 plus tax**

Kay and Arnold are a devoted couple, but decades of marriage have left Kay wanting to spice things up and reconnect with her husband. When she hears of a renowned couple's specialist in the small town of Great Hope Springs, she attempts to persuade her skeptical husband, a steadfast man of routine, to get on a plane for a week of marriage therapy.

In the tiny of Carthage, TX, assistant funeral director Bernie Tiede was one of the town's most beloved residents. He taught Sunday school, sang in the church choir and was always willing to lend a helping hand. Everyone loved and appreciated Bernie, so it came as no surprise when he befriended Marjorie Nugent, an affluent widow who was as well known for her sour attitude as her fortune.

## Bernie



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Dance  
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welcome at a  
FREE line dance  
social party on  
Wed. April 24  
at 7 p.m. in the  
Borini Theatre**

**This month's  
theme:**

**“Taxes”**

**No ticket needed!  
Open to Kings  
Point and SCC  
residents and  
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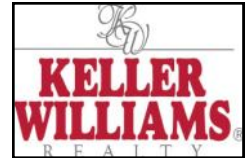


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Have Questions About  
**YOUR BRIGHT HOUSE SERVICE?**

Get them answered every Tuesday through Friday  
from 10am – 2pm in the main clubhouse lobby.

A Bright House Networks representative will be available on site to help make  
your life a little bit easier and

- Answer your service and billing questions
- Provide you with a channel lineup specifically for Kings Point
- Replace your Bright House Networks remote controls, even provide you with new batteries for them
- Schedule an in-home visit from your neighborhood representative
- Review your Bright House Networks personal savings planner
- And more!



Serviceable areas only. Some restrictions apply.

KPK\_5109

# Getting Around Town



## *A Free Ride*

All Kings Point residents are eligible to ride Hart Line Bus Route 53 LX free of charge just by showing your Kings Point badge.

**Hart Line Bus Service**

## *Kings Point Tram services to every resident and house guest!*

### **Internal Tram Service:**

#### **Mon-Fri on the half hour**

Shuttles residents, lessees and their guests to ALL locations within the community. If you want to attend an event at the North Clubhouse, South Clubhouse, visit Minto's new model homes, Nantucket Pool or you simply want to visit a friend in the neighborhood, call 387-3470.

### **External Tram Service:**

#### **Mon-Fri on the hour**

There are over 20 local stops our drivers take residents, lessees and their guests outside of Kings Point. They include shopping centers, doctors offices and hospitals. These routes occur on an hourly basis Monday through Friday from 9 a.m.-3 p.m. Just call 387-3470 to schedule your pick-up!

**KP Tram Services**

**Saturday Transportation** "The Lunch Bunch/Shopping Service" travels between 11:30 a.m.-2:30 p.m. to different restaurants, grocery stores and shopping centers. A Special Tram also runs between 5:30 p.m.-9:30 p.m. to the North Clubhouse for Bingo. **Sunday Services:** Local Church Service routes are available. A Special Tram runs between 5:30-9:30 p.m. to the North Clubhouse for Bingo.

## *Upcoming Active Adult Field Trips*

March 13: Big Bend Road, 10:30 a.m.\*

March 16: Sun City Center Fun Fest (in lieu of Lunch Bunch) 9 a.m. to 3 p.m.

March 20: Goodson's Strawberry Farm

March 27: Big Bend Road, 10:30 a.m.\*

For April trips, stop in the Transportation Office for suggestions and updates.

**Active Adult Field Trips**

\*With our Big Bend Road service being moved to Wednesday, you will be able to sign up earlier than the day of service. On a trial basis, we are offering our Lunch Bunch run to Big Bend Road on Wednesdays instead of Saturdays on two Wednesdays each month in conjunction with our Active Adult Field Trips. Our Saturday Lunch Bunch Routes will remain intact, offering trips to our local eateries along the Route 674 corridor. The schedule for our Wednesday Big Bend Route is : We pick you up at home at 10:30 a.m., or you can board in the Portico of the Main Clubhouse at 11 a.m. We arrive at our destination at 11:30 a.m.; depart at 1:30 p.m., with a return to Kings Point at 2 p.m.

For more information, pick up the most current Tram Schedule, Map of the Routes and the Bus Book at the Transportation Office in the North Clubhouse. Or visit: [www.KingsPointSunCityCenter.com](http://www.KingsPointSunCityCenter.com) and click on "Transportation."



# *Fitness and Wellness*

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## **Healthy Hints: April 2013**

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### **National Distracted Driver Awareness Month**

*Safe driving requires mentally focusing exclusively on driving alone. When driving and talking on the phone, the driver's attention is diverted and he/she see only up to 50% of the driving environment. The brain is overloaded and suffers from inattention blindness. It's important not to talk on a cell phone while driving—to keep yourself AND others safe.*

#### Inattention Blindness:

- A cognitive distraction (looking but not seeing).
- While talking on phones, drivers are less likely to see exits, red lights, stop signs visual cues, high and low relevant objects, and navigational signage.

#### Multitasking: A Brain Drain:

- Multitasking for the brain is a myth. Human brains cannot perform two tasks at the same time.
- The brain must handle tasks sequentially and must juggle tasks and attention.
- The brain switches between primary and secondary tasks - driving and using the cell phone. Different regions of the brain must pull from a shared and limited resource for unrelated tasks.
- The brain filters information due to overload and drivers are not aware of the information filtered out.
- Drivers miss critical information on potential hazards and the information does not get into memory.

#### Distracted Driving Kills

- Motor vehicle crashes are the #1 cause of death for 3 to 34 year olds.
- In 2008, 28% of all fatal crashes were attributable to cell phones use.
- In 2011, 3,331 people were killed and 387,000 people were injured because of distracted drivers.
- At any moment during daylight hours, 800,000 vehicles are being driven by someone using a hand-held cell phone.
- At any one time, 9% of drivers are talking on cell phones and cell phone users are 4x as likely to crash. Headset cell phone use is not substantially safer.
- Sending or receiving a text takes a driver's eyes from the road for an average of 4.6 seconds; at 55 mph, that is like driving the length of a football field blind.

*Please share these facts with others to help save lives.*

*Turn off your cell phone when you turn your ignition on!*

## The Power of Good Posture

*Standing or sitting up straight will cause you to look thinner and taller in an instant! Your posture not only effects how you look, but also how you feel!*

*There are also many inward benefits of good posture.*

### Some important benefits of good posture:

1. Better ability to breathe-more room for chest expansion during inhalation.
2. Less stress on the joints and muscles yielding less pain and an optimal range of motion. A reduced chance of developing arthritis.
3. Better circulation- A healthy posture allows the blood to carry oxygen and nutrients to all parts of the body and also to remove metabolic wastes.
4. Reduced fatigue-Tendons and ligaments don't have to work so hard and less effort is used in performing your daily tasks.
5. Walking tall conveys self-confidence and grace; a feeling of strength.
6. Better digestion-Our digestive organs need room to perform their important functions.
7. Fewer aches and pains-Good posture allows your spine to be as aligned and balanced as possible reducing headaches, neck pain, back pain, tendonitis, and imbalanced muscles.
8. Feeling more energized-Slouching actually forces your body to work harder than sitting tall, creating more fatigue. Proper posture uses our bodies energy most efficiently and we are less apt to feel tired.
9. You use your "deep core" muscles. Good posture creates stronger abdominal muscles. Standing and sitting in correct posture engages these muscles that help support your lower back.
10. You'll look better! Align your body in correct posture and check yourself out in the mirror. You really will have a smaller waist and will be a little taller!

### Achieving good posture:

- During the day, stand or sit tall as though there were a string attached to the top of your head that is being pulled up.
- Keep your cheekbones in a vertical line with your collarbone.
- Avoid slouching by imagining a flashlight in your breastbone that always shines forward, not down on your lap or on the floor.
- Avoid sitting for long periods of time. Stand and stretch as much as possible.
- When standing, balance your weight on both legs equally.
- Exercise regularly- Walking and swimming strengthen weak muscles and stretch those that are tight.

*Pay attention to your posture-Enjoy looking great and feeling great!*

# Group Exercise Schedule: April 2013

## Water Classes

| Monday                            | Tuesday                               | Wednesday                                | Thursday                             | Friday                           |
|-----------------------------------|---------------------------------------|--|--------------------------------------|----------------------------------|
|                                   | 8:00 KPCH<br>Aquacize                 |  | 8:00 KPCH<br>Aquacize                |                                  |
|                                   | 8:45 KPSC<br>Stretch & Sculpt         |  |                                      | 8:45 KPSC<br>Stretch & Sculpt    |
| 9:00 KPCH<br>Deep H2O Power       | 9:00 KPCH<br>Deep H2O                 |  | 9:00 KPCH<br>Deep H2O                |                                  |
| 10:00 KPCH<br>In Sync             | 10:00 KPCH<br>Joint Effort            | 10:00 KPCH<br>In Sync                    |                                      | 10:00 KPCH<br>Joint Effort       |
| 11:15 KPSC<br>Water Power<br>Hour | 11:15 KPSC<br>Water Walk<br>(Outside) | 11:15 KPSC<br>Double Noodle<br>Wednesday | 11:15 KPSC<br>Water Walk<br>(Inside) | 11:15 KPSC<br>Aqua Fun<br>Friday |
| 12:30 KPCH<br>Water Power<br>Hour |                                       | 11:15 KPSC<br>Water Walk<br>(Inside)     | 12:30 KPCH<br>Water Power<br>Hour    |                                  |
| 1:30 KPCH<br>Joint Effort         |                                       |  | 1:30 KPCH<br>Joint Effort            |                                  |

**Reminders**  
Bring your KP badge with you to all Group Exercise classes.  
  
No one under the age of 16 is allowed to participate in Group Exercise classes and guests must have a pass.

## Land Classes

| Monday                   | Tuesday                             | Wednesday                | Thursday                            | Friday                   | Saturday                          |
|--------------------------|-------------------------------------|--------------------------|-------------------------------------|--------------------------|-----------------------------------|
| 8:00 KPCH<br>Total Body  |                                     | 8:00 KPCH<br>Total Body  |                                     | 8:00 KPCH<br>Total Body  |                                   |
| 9:00 KPSC<br>Bums & Tums | 9:00 KPSC<br>Flex & Flow            | 8:10 KPSC<br>Power Yoga  | 9:00 KPSC<br>Bums & Tums            | 8:10 KPSC<br>Circuit     | 9:00 KPSC<br>Flexibility<br>90min |
| 10:00 KPSC<br>Total Body | 10:00 KPSC<br>Zumba                 | 10:00 KPSC<br>Total Body | 10:00 KPSC<br>Zumba                 | 9:00 KPSC<br>Pilates     |                                   |
|                          | 11:15 KPSC<br>Flexibility<br>90 min |                          | 11:15 KPSC<br>Flexibility<br>90 min | 10:00 KPSC<br>Total Body |                                   |
|                          | 11:30 KPCH<br>Sit & Get Fit         |                          | 11:30 KPCH<br>Sit & Get Fit         | 11:15 KPSC<br>Yoga       |                                   |
| 1:00 KPCH<br>BodyPump    |                                     | 1:00 KPCH<br>BodyPump    |                                     |                          |                                   |
| 2:45 KPSC<br>Yoga Sculpt |                                     |                          |                                     |                          |                                   |

**Land Class Room Locations:**  
KPCH=Studio KPSC=Jubilee 3

Relax and rejuvenate with a 50 minute therapeutic massage at *Spa Serenity*.

Receive 10% off in the month of April.

Call or come in to schedule your appointment today.

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**Monday, Wednesday, and Friday 9AM to 3PM**

**If you prefer an appointment, call 938-8959**  
**after Feb. 1<sup>st</sup>**

**Sponsored by COA, AARP and the IRS**

**Please bring photo ID, your SS card and last**  
**year's tax return (if available)**



# Resident Services

Vesta offers Resident Services to Kings Point residents & guests. Call Nanette Leggett, 387-3449.

## Menu of Services

- ◆ Transportation reservations to and from airports and seaports can be made by residents now by calling 727.572.1111. Refer to KP Group Code 66EM5 for discount.
- ◆ Referral suggestions for services.
- ◆ Hearing specialist to check ears and hearing aids. Every Friday, 10-11 a.m. in the Kings Point Clubhouse Lobby.
- ◆ Free travel directions, notary & faxing.
- ◆ Set up in-service seminars and events.

The  
**'ASK A NURSE' PROGRAM**  
is now being provided by  
*Comfort Keepers*  
10-11 a.m.  
Fridays



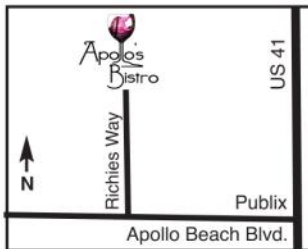
Stop by to see them  
in the main clubhouse lobby  
Professional Services Center  
every Friday from 10-11 a.m.  
with the Hearing Center  
of Southwest Florida

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Join Us As We Celebrate  
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**Our Menu Items are Freshly Prepared & Many are Gluten Free.**

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**REMEMBER: THE BEST PROTECTION IS EARLY DETECTION**



**Are You At Risk?**

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**Tuesday, April 9th  
8 a.m. to 5 p.m.  
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This test visualizes build-up of plaque in the carotid arteries that may lead to stroke. Strokes are associated with carotid blockage. 50% have no warning signs.

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|---------------------------|------------|-------|----------|------|---------------|---------------------------|------------|-------|----------|------|------------|
| 2209 GRENADIER DR # 134   | 23,999     | 800   | 1979     | 1    | 1.5           | 1201 CORINTH GREENS DR    | 99,900     | 1450  | 2001     | 2    | 2 2 Garage |
| 202 BEDFORD ST # 51       | 24,900     | 800   | 1973     | 1    | 1.5 1 Carport | 2060 SIFIELD GREENS WAY   | 109,900    | 1206  | 2006     | 2    | 2 2 Garage |
| 1811 BEDFORD LN # 158     | 24,944     | 800   | 1973     | 1    | 1.5 1 Carport | 1906 INVERNESS GREENS DR  | 112,500    | 1188  | 2003     | 2    | 2 2 Garage |
| 301 KINGS BLVD # 136      | 26,900     | 960   | 1973     | 2    | 2 1 Carport   | 1235 CORINTH GREENS DR    | 115,000    | 1377  | 2001     | 2    | 2 2 Garage |
| 1906 CANTERBURY LN # L-14 | 33,000     | 984   | 1978     | 2    | 2 1 Carport   | 752 MCDANIEL ST           | 115,000    | 1559  | 1992     | 2    | 2 2 Garage |
| 2216 GRENADIER DR # 17    | 39,900     | 984   | 1979     | 2    | 2 2 Carport   | 523 PRINCETON GREENS CT   | 119,500    | 1459  | 1996     | 2    | 2 2 Garage |
| 301 KINGS BLVD # 140      | 39,900     | 960   | 1973     | 2    | 2 1 Carport   | 1218 FAIRWAY GREENS DR    | 129,900    | 1292  | 2002     | 3    | 2 2 Garage |
| 411 BLOOM CT # 2A         | 54,000     | 952   | 1982     | 2    | 2 1 Carport   | 2017 ACADIA GREENS DR     | 144,000    | 1429  | 2001     | 3    | 2 2 Garage |
| 1905 CANTERBURY LN # 18   | 59,900     | 960   | 1978     | 2    | 2 1 Carport   | 2452 SIFIELD GREENS WAY   | 179,900    | 1188  | 2005     | 2    | 2 2 Garage |
| 409 GLADSTONE PL # 98     | 66,500     | 1008  | 1979     | 2    | 2 1 Carport   | 2495 KENSINGTON GREENS DR | 199,900    | 1881  | 2005     | 3    | 2 2 Garage |
| 1905 CANTERBURY LN # 19   | 67,900     | 1120  | 1978     | 2    | 2 1 Carport   |                           |            |       |          |      |            |
| 2007 HALIDOM WAY # 344    | 68,850     | 1448  | 1982     | 2    | 2 1 Carport   |                           |            |       |          |      |            |
| 1607 HOVINGTON CIR        | 69,900     | 1000  | 1983     | 2    | 2 1 Carport   |                           |            |       |          |      |            |
| 2113 S HALCYON DR         | 71,900     | 1403  | 1986     | 2    | 2 2 Garage    |                           |            |       |          |      |            |
| 2131 HAILSTONE CIR        | 72,900     | 1448  | 1982     | 2    | 2 1 Carport   |                           |            |       |          |      |            |
| 2003 N HALCYON DR # 302   | 78,000     | 1000  | 1983     | 2    | 2 1 Carport   |                           |            |       |          |      |            |
| 2205 NANTUCKET DR # 48    | 79,900     | 963   | 1998     | 2    | 1.5 1 Garage  |                           |            |       |          |      |            |
| 2468 NANTUCKET HARBOR LP  | 83,900     | 1205  | 1992     | 2    | 2 1 Garage    |                           |            |       |          |      |            |
| 627 MCDANIEL ST # 171     | 86,000     | 1182  | 1991     | 2    | 2 2 Garage    |                           |            |       |          |      |            |
| 2530 LYNX RD # 12         | 89,900     | 1544  | 1990     | 3    | 2 2 Garage    |                           |            |       |          |      |            |
| 2412 NANTUCKET DR # 54    | 98,000     | 1284  | 1998     | 2    | 2 2 Garage    |                           |            |       |          |      |            |

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